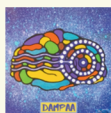


5 TIPS TO STAY CONNECTED



DAMPAA Brain Health Program

1

STAY CONNECTED WITH YOUR COMMUNITY



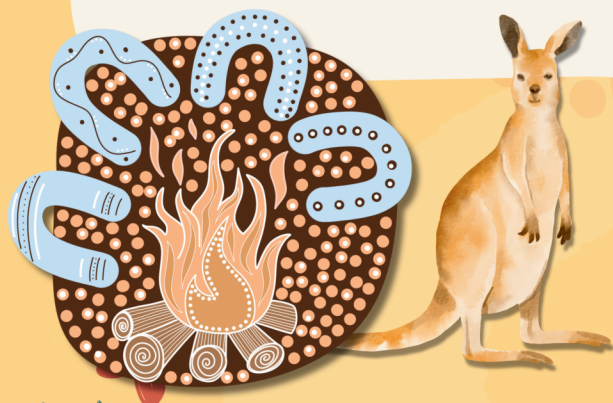
2

STAY CONNECTED WITH COUNTRY



3

STAY CONNECTED WITH CULTURE



4

STAY CONNECTED WITH YOUR MOB



5

STAY CONNECTED WITH SUPPORT PEOPLE LIKE YOUR HEALTH WORKER



Sources: Livingston et al. Dementia prevention, intervention and care, *The Lancet* 2017.

Smith K, Flicker L, Dwyer A, et al. Factors associated with dementia in Aboriginal Australians, *Aust N Z J Psychiatry* 2010.

DEVELOPED FOR:



DAMPAA
Dementia prevention and
risk Management Program
for Aboriginal Australians

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**Boola Boola Djinda
Aboriginal Health
Research**

