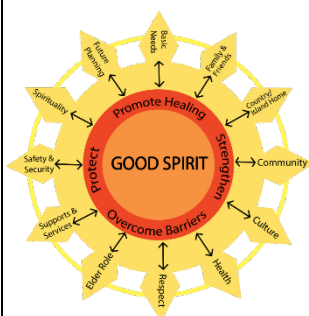


Good Spirit Good Life Assessment Carer



THE UNIVERSITY OF
**WESTERN
AUSTRALIA**

Tick most appropriate response



Note to assessor: Begin with social yarn (see GSGL instruction booklet).

Scoring: If answer is yes, prompt further with *all the time, most of the time* or *sometimes*. If answer is no, prompt further with *not much* or *never*.

Add detailed responses below each question to inform care.

I would like to ask some questions on how [name] you feel about [his/her/their] life today. There are no right or wrong answers.

		YES			NO	
		All the time (4)	Most of the time (3)	Sometimes (2)	Not much (1)	Never (0)
1	FAMILY AND FRIENDS Does [name] get to have a yarn and spend time with family or friends?					
2	COUNTRY/ISLAND HOME For Aboriginal people: Does [name] feel [he/she/they] spend enough time connecting to Country? Can prompt if needed e.g. yarning about Country, going back to Country or For Torres Strait Islander people: Does [name] feel [he/she/they] spend enough time connecting to [his/her/their] Island Home? Can prompt if needed e.g. yarning about their Island Home, going back to their Island Home.					
3	COMMUNITY Does [name] feel connected to the Aboriginal and Torres Strait Islander community?					
4	CULTURE Does [name] feel connected to cultural ways? Can prompt if needed e.g. through cultural events and meetings, traditional foods, activities such as painting, weaving, dancing.					
5	HEALTH Does [name] do things to take care of [his/her/their] health?					
6	RESPECT Does [name] feel respected and valued as an Elder / older person? Can prompt if needed e.g. being listened to and spoken to respectfully.					

		YES		NO		
		All the time (4)	Most of the time (3)	Sometimes (2)	Not much (1)	Never (0)
7	ELDER ROLE Does [name] feel [her/she/they] can share [his/her/their] knowledge and stories with the younger people?					
8	SUPPORTS AND SERVICES Does [name] feel the services [he/she/they] uses are respectful and support [his/her/their] needs? Can prompt if needed e.g. their health/community/aged care services. or *In residential care ask: Does [name] feel this place is respectful and supports [his/her/their] needs?					
9	SAFETY AND SECURITY Does [name] feel [he/she/they] have a safe place to live? Can prompt if needed e.g. in their home/aged care home/community.					
10	SPIRITUALITY Does [name] feel safe and supported in [his/her/their] spiritual beliefs? Can prompt if needed e.g. yarnning about culture, going to church.					
11	FUTURE PLANNING Does [name] feel [he/she/they] has things in place as [he/she/they] grow older? Can prompt if needed e.g. your future health and care, housing, funeral wishes, family looked after.					
12	BASIC NEEDS Does [name] feel [he/she/they] has enough money to get by? Can prompt if needed e.g. for food, bills, transport, medication.					
TOTAL SCORE FOR EACH COLUMN						
OVERALL TOTAL SCORE /48						

Scoring: An individual item score of 2 or below requires follow up.

All 12 items are interconnected and important to having a good life. When a person is not connected to one or more items (item score of 2 or below) this should be addressed.

See GSGL recommendations booklet for strategies to strengthen connection and support quality of life.