

Good Spirit Good Life Carer

- (Carer's Version) -



Tick most appropriate response



Note to assessor: Begin with social yarn (see GSGL instruction booklet).

Scoring: If answer is *yes*, prompt further with *all the time*, *most of the time* or *sometimes*. If answer is *no*, prompt further with *not much* or *never*. Add detailed responses below each question to inform care.

I would like to ask some questions on how [name] feels about [his/her] life today. There are no right or wrong answers.

		YES			NO	
		All the time (4)	Most of the time (3)	Sometimes (2)	Not much (1)	Never (0)
1	<p>FAMILY AND FRIENDS</p> <p>Does [] get to have a yarn and spend time with family or friends?</p>					
2	<p>COUNTRY</p> <p>Does [] feel he/she spends enough time connecting to country?</p> <p>Prompt with examples e.g. yarning about country and going back to country</p>					
3	<p>COMMUNITY</p> <p>Does [] feel connected to the Aboriginal (and/or Torres Strait Islander) community?</p>					
4	<p>CULTURE</p> <p>Does [] feel connected to cultural ways?</p> <p>e.g. attending Aboriginal events and meetings, sharing traditional foods</p>					
5	<p>HEALTH</p> <p>Does [] do things to take care of his/her health?</p>					

6	<p>RESPECT</p> <p>Does [] feel respected and valued as an elder/older person?</p>					
7	<p>ELDER ROLE</p> <p>Does [] feel he/she can share his/her knowledge and stories with the younger mob?</p>					
8	<p>SUPPORTS AND SERVICES</p> <p>Does [] feel the services he/she uses are respectful and support his/her needs?</p> <p><i>*In residential care ask: Does [] feel this place is respectful and supports his/her needs?</i></p>					
9	<p>SAFETY AND SECURITY</p> <p>Does [] feel he/she has a safe place to live?</p>					
10	<p>SPIRITUALITY</p> <p>Does [] feel safe and supported in his/her spiritual beliefs?</p> <p><i>e.g. yarning about culture, going to church</i></p>					
11	<p>FUTURE PLANNING</p> <p>Does [] feel he/she has things in place as he/she grows older?</p> <p><i>e.g. future health and care, funeral wishes, family looked after</i></p>					
12	<p>BASIC NEEDS</p> <p>Does [] feel he/she has enough money to get by? e.g. for food, housing, clothing</p>					
TOTAL SCORE FOR EACH COLUMN						
OVERALL TOTAL SCORE /48						

Scoring: An individual item score of 2 or below requires follow up. All 12 items are interconnected and are important to having a good life. When a person is not connected to one or more items (item score of 2 or below) this should be addressed. See GSSL recommendations booklet for strategies to strengthen connection and support quality of life.