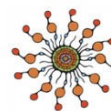


The diagram is a circular model with 'GOOD SPIRIT' at the center. It is surrounded by four main themes: 'Promote Healing', 'Strengthen', 'Overcome Barriers', and 'Protect'. Each theme is further supported by specific cultural and social factors represented in arrow-shaped boxes around the perimeter.

Theme	Supporting Factors
Promote Healing	Basic Needs, Family & Friends
Strengthen	Cultural/Political Home, Community, Culture, Health
Overcome Barriers	Respect, Elder Role
Protect	Supports & Services, Safety & Security, Spirituality, Future Planning

Scoring: If answer is yes, prompt further with *all the time, most of the time* or *sometimes*. If answer is no, prompt further with *not much* or *never*.

I would like to ask some questions on how [name] you feel about [his/her/their] life today. There are no right or wrong answers.



Tick most appropriate response

NO

All the time (4)

Most of the time (3)

Sometimes (2)

Not much (1)

Never (0)

1	FAMILY AND FRIENDS Does [name] get to have a yarn and spend time with family or friends?	
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	COUNTRY/ISLAND HOME
2	<i>For Aboriginal people:</i> Does [name] feel [he/she/they] spend enough time connecting to Country?

Can prompt if needed e.g. yarning about Country, going back to Country

or

For Torres Strait Islander people:

Does [name] feel [he/she/they] spend enough time connecting to [his/her/their] Island Home?

Can prompt if needed e.g. yarning about their Island Home, going back to their Island Home.

	COMMUNITY
3	Does [name] feel connected to the Aboriginal and Torres Strait Islander community?

	CULTURE
4	Does [name] feel connected to cultural ways?

Can prompt if needed e.g. through cultural events and meetings, traditional foods, activities such as painting, weaving, dancing.

HEALTH	Does [name] do things to take care of [his/her/their] health?
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6	RESPECT Does [name] feel respected and valued as an Elder / older person? Can prompt if needed e.g. being listened to and spoken to respectfully.
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		YES		NO		
		All the time (4)	Most of the time (3)	Sometimes (2)	Not much (1)	Never (0)
7	ELDER ROLE Does [name] feel [her/she/they] can share [his/her/their] knowledge and stories with the younger people?					
8	SUPPORTS AND SERVICES Does [name] feel the services [he/she/they] uses are respectful and support [his/her/their] needs? Can prompt if needed e.g. their health/community/aged care services. or *In residential care ask: Does [name] feel this place is respectful and supports [his/her/their] needs?					
9	SAFETY AND SECURITY Does [name] feel [he/she/they] have a safe place to live? Can prompt if needed e.g. in their home/aged care home/community.					
10	SPIRITUALITY Does [name] feel safe and supported in [his/her/their] spiritual beliefs? Can prompt if needed e.g. yarnning about culture, going to church.					
11	FUTURE PLANNING Does [name] feel [he/she/they] has things in place as [he/she/they] grow older? Can prompt if needed e.g. your future health and care, housing, funeral wishes, family looked after.					
12	BASIC NEEDS Does [name] feel [he/she/they] has enough money to get by? Can prompt if needed e.g. for food, bills, transport, medication.					
TOTAL SCORE FOR EACH COLUMN						
OVERALL TOTAL SCORE /48						

Scoring: An individual item score of 2 or below requires follow up.

All 12 items are interconnected and important to having a good life. When a person is not connected to one or more items (item score of 2 or below) this should be addressed.

See GSGL recommendations booklet for strategies to strengthen connection and support quality of life.