

KICA-Depression Scale

"I'm going to ask you some more questions now about how you have been feeling. Is that OK? Some of them might be a little bit personal. Remember that I won't tell anyone else about what we talk about."

For each question ask:	Never (0)	Sometimes (1)	A lot (2)	All The Time (3)
D1. In the last week have you: felt down, sad, no good?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D2. Felt like not doing things that you usually like doing? (things that make you happy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If the person has trouble answering, the interviewer may ask <i>"what things do you normally like doing?"</i> e.g. fishing, watching TV, spending time with family then <i>"how often have you enjoyed doing that/those things in the last week?"</i>				
D3. In the last week have you: had trouble with getting to sleep, staying asleep, or sleeping too much?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D4. Felt more tired or slack, like you've had no energy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D5. Been eating too much or eating only a little bit?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D6. Felt bad about yourself. Or felt ashamed that you have let yourself or family down?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D7. Had trouble paying attention, or concentrating on things?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If the person doesn't understand, the interviewer can ask them <i>"What do you normally do?"</i> e.g. watching TV, talking to friends. <i>"Have you had trouble paying attention when doing these things in the last week?"</i>				
D8. In the last week: has anyone told you that you are speaking or moving too slowly or too fast?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D9. Have you had thoughts that you would be better off dead?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D10. Have you thought of hurting yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
D11. Have you felt wild? (angry)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Dep TOTAL SCORE

Score point ≥ 8 indicates possible depression requiring further clinical assessment

Additional question:

D12. Have these/this problem/s made it hard for you to do work, do things at home, or get along with people? e.g. cooking, looking after family.

If yes, prompt, *"little bit, a lot or big mob?"*