

KICA Function and Activities of Daily Living

"Now I'd like to ask you about what daily activities you might need help with."

1. "Do you need help with cooking?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can cook on own	<input type="checkbox"/>
Have never needed to cook (not related to functional decline)	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

2. "Do you need help with cleaning the house?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can clean on own	<input type="checkbox"/>
Have never needed to clean (not related to functional decline)	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

3. "Do you need help getting dressed?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can get dressed on own	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

4. "Do you need help showering?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can shower on own	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

5. "Do you need help taking your medicine?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can take medications on own	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

6. "Do you need help taking care of your money?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can manage money on own	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

7. "Do you need help with your work (paid or unpaid e.g. look after grannies)?"

Yes - need a lot of help	<input type="checkbox"/>
Yes - need some help	<input type="checkbox"/>
No - independent, can do work on own	<input type="checkbox"/>

If needs help, prompt: **"Who helps you"**

8. "Do you need help with activities you enjoy, e.g. fishing, watching grannies play sport, see family/friends?"

Yes - need a lot of help	
Yes - need some help	
No - independent, can do activities on own	

If needs help, prompt: **"Who helps you"**

5. "Do you need help with transport?"

Yes - need a lot of help	
Yes - need help sometimes	
No - I can drive my own car	
I never drove a car	

If needs help, prompt: **"Who helps you"**