

KICA URBAN REGIONAL: COGNITIVE ASSESSMENT



Ask questions exactly as written. Score an incorrect answer = 0, correct answer = 1

Items needed: **Comb, cup, matches, pen, paper,** and [a copy of the pictures](#).

Name: _____ DOB: _____ Date: _____

"I'd like to see if you can remember some things. I'll ask you some questions."

Orientation (___ /3)

1. "What month is it?"	___/1
2. "What season is it now?"	___/1
3. "What is the name of this place?"	___/1

Recognition and naming (___ /6)

For question 4 & 5 you will need three items: comb, cup and matches.

4. Hold up each item in turn and ask
"What do you call this?"

4.1 Comb	___/1
4.2 Cup	___/1
4.3 Matches	___/1

5. Hold up each item in turn and ask
"What is this one for?"

5.1 Comb	___/1
5.2 Cup	___/1
5.3 Matches	___/1

Then hide each object in turn (omit if poor vision, and name objects for them to remember). Make sure participant is watching where you hide them.

Say, **"I'm going to put this one here, this one here....Now don't forget where I put them, remember them for later on"**

Registration (___ /3)

6. "Tell me those things I showed you"	___/3
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Verbal Comprehension (___ /3)

7. "Close your eyes"	___/1
8. (If indoors) "First point to the ceiling, and then point to the floor" (If outdoors) "First point to the sky, and then point to the ground"	___/2

Verbal Fluency (___ /3)

9. **"Tell me the names of as many different animals as you can. We'll see how many animals you can name in one minute. Ready?"**

Total number of animals: _____	___/3
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- 0 animals: 0
- 1-4 animals: 1
- 5-8 animals: 2
- 9+ animals: 3

Recall

(___ /3)

10. "Where did I put the comb?"	___/1
"Where did I put the matches?"	___/1
"Where did I put the cup?"	___/1

Visual Naming

(___ /5)

11. "I'll show you some pictures and you tell me what they are." Show Guitar.
Point and ask: "What is this? Remember these pictures for later on."

Show Boy, Emu, Billy/fire, Crocodile, Bicycle.

Point to each and ask: "What is this?"	___/5
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Frontal/Executive Function

(___ /1)

Omit this question if poor vision.

12. "Look at this. Now you copy it." Show alternating crosses and circles (XOXO...)	___/1
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Free Recall

(___ /5)

13. "Do you remember those pictures I showed you before? What were those pictures?" Show only guitar as prompt	___/5
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Cued Recall

(___ /5)

If scored all five correct in Q13, score 5 correct in this question and skip to Q15.

14. "Which one did I show you before?" Show all 5 pages with 3 pictures, guitar is prompt	___/5
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Praxis

(___ /2)

For Q15 & Q16 you will need: water bottle with loosened screw-top lid, cup and comb.

15. "Open this water bottle and pour water into this cup"	___/1
16. "Show me how to use this comb"	___/1

KICA-COG URBAN REGIONAL TOTAL SCORE

___/39

Score of 35 or less indicates possible dementia, refer for medical review

For more KICA resources, including instructional videos on how to use the KICA tool, please visit <https://www.iawr.com.au/kica>. KICA Urban was adapted from KICA remote (UWA, LoGiudice et al. 2006) by the National Ageing Research Institute and KICA Panel. Copyright and related intellectual property rights in this KICA tool are held by the University of Western Australia (ABN 37 882 817 280).

